



**Community Unit School District 95**  
**School Health Services**



Date: September 2010

Dear Parent/Guardian:

This letter is to inform you that many students in the classrooms have severe food allergies to PEANUTS and TREE NUTS. Exposure to these allergens could cause a life-threatening reaction.

It is our goal to ensure that every student in our school is safe. Our District has adopted a policy for managing students with food allergies. Our policy is in compliance with Public Act 96-0349 and meets the guidelines created by the Illinois State Board of Education and the Illinois Department of Public Health.

Because these students cannot be in contact with foods containing this/these allergen(s), we are requesting that you not send these foods to school for snacks or treats. Even trace amounts of these allergens could result in a severe allergic reaction. Sometimes these elements may be hidden in processed foods.

**This will also include any parties during the school year such as Halloween and Valentine's Day. Only store bought treats will be allowed taking extra care to read product labels as some products are made and/or processed in same facilities as products made with peanuts.**

This does **NOT** include the cafeteria as there are guidelines for student's safety in place.

Please discuss the following with your child:

- Do not offer, share, or exchange any foods with other students at school.
- Hand washing with soap and water, after eating, is necessary to decrease the chance of cross-contamination on surfaces at school.
- If your child rides the bus, remind them that there is a "no eating on the bus" policy.

Thank you for your consideration and help in this matter. Please call if you have any questions or concerns.

Sincerely,

Andrea Bonkowski RN, ILCSN  
District #95 Supervising School Nurse