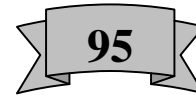




**Community Unit School District 95**  
School Health Services



March 2010

**WE ARE GOING PAPERLESS THIS YEAR!!!!**

**PHYSICAL FORMS, MEDICATION AUTHORIZATION FORMS, EMERGENCY INFORMATION FORMS, IMMUNIZATION REQUIREMENT LETTER, FRESHMAN REQUIREMENT LETTER ARE ALL AVAILABLE ON THE MIDDLE SCHOOL and HIGH SCHOOL WEB-PAGES FOR SCHOOL YEAR 2010-2011. YOU WILL NEED TO ACCESS ALL FORMS ON THE LZHS WEBSITE UNDER "HEALTH SERVICES", PRINT AND COMPLETE.**

All students entering ninth grade for the 2010-2011 school year must show proof of having received a new physical examination as well as all required immunizations. The physical must be current and dated within one year prior to the date of entrance. This exam will also meet the sports physical requirement for freshmen if dated after 6/15/2010. **Physical must be completed on Illinois Department of Human Services Certificate of Child Health Exam form** and requires 3 signatures: health care provider performing exam, health care provider verifying immunizations, and parent signature with completion of health history. IHSA sports forms will NOT be accepted for freshmen.

Your student will not receive a schedule or be permitted to attend school until we have received proof of a completed physical examination and immunization record. The physical or proof of appointment (**which is a written statement of the date of the appointment on physician office letterhead**) must be received by August 1, 2010.

The following forms are available on line:

- Freshman Requirement letter
- Immunization Requirements
- Medical and religious objection letter
- Medication authorization form (two-sided)
- Health Office Emergency information form
- Physical form (two-sided)

The following are required to be submitted to the High School.

- Physical form with appropriate signatures
- Emergency information form completed and signed
- Medication authorization form (if your child is to take any medication at school)

If you have any questions please feel free to contact the High School health office. (847-540-4248)

Sincerely,

**LZHS HEALTH OFFICE STAFF**

Adrienne Casanova, RN, MSN  
847-540-4114

Bessie Benrus, Health Aide  
847-540-4248