



ASSURANT

Employee
Benefits

Essential 3 Option: In-person assessment and referral counseling


An Employee Assistance Program (EAP) adds value to your employee benefits plan. The counseling services it provides can benefit both your workforce and your business by helping employees maintain their productivity when trying situations arise.

Extended counseling is not always necessary to resolve problems. When the focus of counseling is to solve a specific problem, the process generally moves quickly. Often a simple telephone consultation with an EAP counselor can help an employee determine appropriate next steps in resolving a problem or concern.

Difficulties with relationships and coping with difficult life circumstances, managing grief and loss, communicating and dealing more effectively with stress are all issues that short-term counseling can address.

Employee Benefit

- 24-hour access to the Clinical Referral Center
- Up to 3 in-person sessions with a licensed EAP counselor*
- Service available to immediate family members
- All information is confidential
- Legal and financial referrals



Services provided by New Directions Behavioral Health. This service does not constitute insurance.

For more information, please contact your Assurant Employee Benefits sales representative.

Counselor Credentials

- Master's degree in social work or professional counseling
- Minimum of 5 years of experience
- State licensure

Website Programs

- Online Will Preparation
- Dedicated section with benefit descriptions
- Balanced Life- quarterly newsletter
- E-Directions- email outreach after enrollment
- Personal Directions- Rich online work/life benefit with thousands of resources
- My Personal EAP- responses to questions from a licensed EAP counselor

*The service limit provided is per counseling issue.



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Click on:
For Employee Assistance Member
Enter the login code EA3,
Phone: 800-624-5544